



**HINDUSTAN  
INTERNATIONAL  
SCHOOL**



(Department of Physical Education)

Entry Form

Name of School: .....

Detailed Entry: Under 10

Name of Physical Education Teacher: .....

Category: Boys / Girls

Contact Phone:

Mobile:

Venue & Date: Jawaharlal Nehru Stadium, 9<sup>th</sup> Sept, 2016

Email:

Please tick (☑) in the respective columns.

Sl.No.	Name	D.O.B.	50 Metres	75 Metres	Mixed Relay	Long Jump
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						

Certified that the details mentioned above are true \* Please use separate entry form for each category

Place:

Date:

School Seal

SIGNATURE OF PRINCIPAL



**HINDUSTAN  
INTERNATIONAL  
SCHOOL**



(Department of Physical Education)

**Entry Form**

Name of School: .....

Detailed Entry: Under 12

Name of Physical Education Teacher: .....

Category: Boys / Girls

Contact Phone:

Mobile:

Venue & Date: Jawaharlal Nehru Stadium, 9<sup>th</sup> Sept, 2016

Email:

Please tick (☑) in the respective columns.

Sl.No.	Name	D.O.B.	100 Metres	200 Metres	400 Metres	Long Jump	Shot Put	4x100Mts Relay
1.								
2.								
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								

Certified that the details mentioned above are true

\* Please use separate entry form for each category

Place:

Date:

School Seal

SIGNATURE OF PRINCIPAL



**HINDUSTAN  
INTERNATIONAL  
SCHOOL**



(Department of Physical Education)

**Entry Form**

Name of School: .....

Detailed Entry: Under 14

Name of Physical Education Teacher: .....

Category: Boys / Girls

Contact Phone:

Mobile:

Venue & Date: Jawaharlal Nehru Stadium, 9<sup>th</sup> Sept, 2016

Email:

Please tick (☑) in the respective columns.

Sl.No.	Name	D.O.B.	100 Metres	200 Metres	400 Metres	800 Metres	Long Jump	Shot Put	4x100Mts Relay
1.									
2.									
3.									
4.									
5.									
6.									
7.									
8.									
9.									
10.									

Certified that the details mentioned above are true

\* Please use separate entry form for each category

Place:

Date:

School Seal

SIGNATURE OF PRINCIPAL



**HINDUSTAN  
INTERNATIONAL  
SCHOOL**



(Department of Physical Education)

Entry Form

Name of School: .....

Detailed Entry: Under 16

Name of Physical Education Teacher: .....

Category: Boys / Girls

Contact Phone:

Mobile:

Venue & Date: Jawaharlal Nehru Stadium, 9<sup>th</sup> Sept, 2016

Email:

Please tick (☑) in the respective columns.

Sl.No.	Name	D.O.B.	100 Metres	200 Metres	400 Metres	800 Metres	1500 Metres	Long Jump	Shot Put	4x100Mts Relay
1.										
2.										
3.										
4.										
5.										
6.										
7.										
8.										
9.										
10.										

Certified that the details mentioned above are true

\* Please use separate entry form for each category

Place:

Date:

School Seal

SIGNATURE OF PRINCIPAL

**EVENT LIST:**

Category	Under-10		Under-12		Under-14		Under-16	
Events	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
<b>Track Events</b>								
50m	Y	Y	NA	NA	NA	NA	NA	NA
75	Y	Y	NA	NA	NA	NA	NA	NA
Mixed relay	Y		NA	NA	NA	NA	NA	NA
100m	NA	NA	Y	Y	Y	Y	Y	Y
200m	NA	NA	Y	Y	Y	Y	Y	Y
400m	NA	NA	Y	Y	Y	Y	Y	Y
800m	NA	NA	NA	NA	Y	Y	Y	Y
1500m	NA	NA	NA	NA	NA	NA	Y	Y
4X100m relay	NA	NA	Y	Y	Y	Y	Y	Y
<b>Jumping events</b>								
LONG JUMP	Y	Y	Y	Y	Y	Y	Y	Y
<b>Throwing events</b>								
Shot put	NA	NA	Y	Y	Y	Y	Y	Y

**AWARDS AND PRIZES:**

SN	CATEGORY	POSITION	PRIZE NAME	PRIZE	ADDITIONAL PRIZE
1	Overall School Champion	First	KCG Verghese Champions Cup	Trophy	Rs. 10000
		Runner Up	KCG Verghese Champions Shield	Shield	Rs. 5000
2	Individual Event Champions	N/A	HIS Star	Cup	Rs. 1000
3	Best Athlete Boy & Girl	N/A	HIS Primo	Plaque	Rs.2500

## **RULES AND REGULATIONS**

### **i. GENERAL RULES**

- a. The registration will be accepted online only. Team managers of the participating schools have to obtain chest numbers from the registration counter 2 days before the event (7<sup>th</sup> September) from Hindustan International School –Guindy.
- b. All participants have to report to the registration counter at the venue at least **Half hour** before the scheduled time of the event. Late reporting team will be rejected and not allowed to participate in the event. **Kindly use separate forms for all the categories.**
- c. Only persons who have registered in the prescribed format, counter signed by the Principal and Team manager will be allowed to participate. **No Spot entry.**
- d. A copy of Birth Certificate of all the participants should be sent along with registration form.
- e. **Under 10 (Born on or after 15.8.2006)      Under 12 (Born on or after 15.8.2004)**  
**Under 14 (Born on or after 15.8.2002)      Under 16 (Born on or after 15.8.2000)**
- f. **All School teams should bring their concerned flags.**
- g. **For the mixed relay event in the Under 10 Category, 2 boys and 2 girls are required to participate.**
- h. There will be trophy and points for the best March Past turn.
- i. Trophy will be awarded to the school which secures **First** in the March Past. March Past Points will not be included for any other events.
- j. No registration fee will be charged.
- k. Participants have to keep utmost discipline during the time of events and stay. If anybody found guilty, the entire team will be declared as disqualified and certificates or medal will not be provided.
- l. Decision of the jury committee will be final, in case of any disputes.
- m. Medal and Merit Certificate will be awarded to the first three positions and participation certificate will also be issued to participants.

## Point System

POSITIONS	INDIVIDUAL EVENTS	RELAY
<b>I</b>	5	10
<b>II</b>	3	7
<b>III</b>	1	3

- n. There will be individual Champion Trophies for boys and girls separately in each category. The points for relay will not be considered for individual Championship
- o. Organizing committee reserves the right to change the rules / program schedules for the smooth conduct of the meet. Team managers will be held responsible for maintaining discipline of the respective teams at the venue.
- p. The organizers shall not bear any responsibility of any losses, injuries (fatal or otherwise) arising in the course of participation in the competitions.
- q. Participants need to come in proper sports uniform.
- r. Bare foos are not allowed in the track.

### **NOTE:-**

- The maximum participation admissible in an event from the School is unlimited, but an individual is allowed to participate in not more than two track events & field events and any one of the relay event.
- Each athlete can only choose a maximum of 3 track events and 2 field events for the Under 12,14 & 16 Categories.

### ➤ **Contact Details:-**

**Contact Number**

**: 91 44 2234 2020/ 4360 2020**

**Contact Person Mr. S. Soundarapandiyan**

**: 90941 56396 / 81483 35123**

**E-Mail Id**

**: sports.cie@hindustanschools.in**