



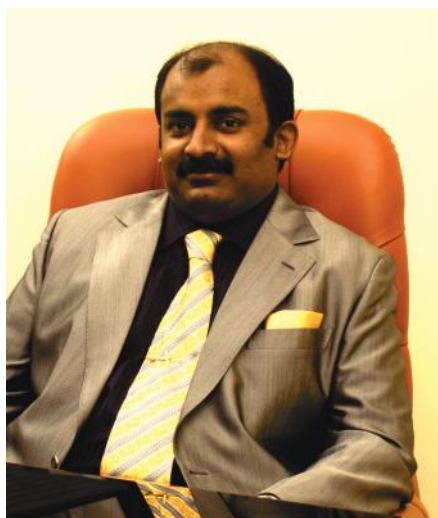
HINDUSTAN INTERNATIONAL SCHOOL



**Dr. MRS. ELIZABETH
VERGHESE**
Chairperson, HGI

SMRITILAYA





Dr. Anand Jacob Verghese

Director & CEO

Message from the Director & CEO:

Greetings & Welcome to the Dear Students & Parents

Etymologically, the word curriculum is derived from the Latin word "Currere" which means a racecourse or a runway, on which one runs to reach goal. Education should help to pursue the students to achieve their goals, ideals and aspirations of life. Keeping all this in mind, we have added another feather on our cap by releasing our maiden Newsletter, "Smritilaya".

Heartiest Congratulation on the issue of the First Newsletter of Hindustan International School, Karapakkam. Newsletter is an excellent way of reaching out to the Parents & Students. It informs the future generation of students about the traditions built up of their school.

I am pleased to inform that Hindustan International School has completed its first Academic Year successfully. I am pleased to inform you that Hindustan International School has obtained the Affiliation status from the Central Board of Secondary Education, New Delhi(CBSE), upto Secondary Level.

"Success comes to those who work hard and stay with those, who don't rest on the laurels of the past." It is with great pride & joy that I would like to share with you that we have received the prestigious 'Best Brand Award', from Economic Times, at a gala event organized by Economic Times at New Delhi recently! This Newsletter will be a launch pad for the children's creative urges to blossom naturally. We need to recognize, appreciate, applaud and foster the fine blend of sensibilities in a child. This humble initiative will allow the students of HIS to set their budding minds free in the realm of imagination and experience to create a world of beauty in words. Each issue will be a milestone that marks our growth, unfolds our imaginations and gives life to our thoughts and aspirations.

*"Vision Without Action.... Is Just Dream
Action Without Vision.... Just Passes the Time
But, Vision and Action.... Can Change the World"*
- Joel A. Barker

Message from the Principal:

At Hindustan, Every Day is a new instigation and a laudable transformation. We believe that if given the right tools, students will thrive in taking charge of their own development. To do this we need to assess our roles as educators. Opportunities provided for only educational excellence will not suffice. They should be given activities to develop a wide range of skills and attributes. We would like to produce multi-dimensional students at HISK. They will not only excel in their academics but also inculcate values that will help them go a long way in their lives. We are bringing our first newsletter as promised. Hope you enjoy reading it. We have named it as smritilaya. Smriti is a Sanskrit word, from the root Smara, which means "Remembrance, Reminiscence, thinking of or upon, calling to mind, or simply memory". Laya means fusion, in unison, absorption, deep concentration or exclusive devotion. So it is remembering in unison



Mrs. Revathi Sundaram

Principal



Ms. Tina Ajay

Chief Editor

From The Editor's Desk:

The publication of this maiden school newsletter SMIRITHILAYA is a major milestone in the progress and development of the school, just like an army marching on its stomach. The magazine will open a window of opportunity to many people who will know that as an institution, we are destined to a bright future. It ignites pleasure and satisfaction in me to ensure about the great stride gained by Hindustan International School, Karapakkam in the short period of its existence. We are creating a future full of optimism and enthusiasm, a future where every endeavor will succeed and ineptitude and disillusionment will be something for the past. To all readers: parents, pupils, friends and even stakeholders, a little patience and sobriety will help to see us through. Remember, you never get the chicks by breaking the eggs: they hatch. Where there is life, there is hope.

Thank you and God Bless.

Editorial Team

Creative Head: Ms. REVATHI SUNDARAM

Editor In Chief: Ms. TINA AJAY

Assistant Editor: Ms. GAYATHRI

Technical details: Mr. NAMBI SUNDARAJAN.T / Ms. ANITHA .H



FELICITATIONS / ACHIEVEMENT

1. Hindustan International School, Karapakkam has gained affiliation to CBSE New Delhi in June 2016.

2. Hindustan International School has been awarded the Economic Times-“Best School Brand Schools ” This is an initiative under the Best Brand umbrella which recognizes the leading schools from pan India under the K-12 category.

The study was conducted across categories (IB /



IGCSE / CBSE / ICSE) and 15 cities across consumers and stake holders under the various parameters. The event happened on 23rd June 2016 at Taj Palace Hotel in Delhi where in they felicitated our school with a trophy & Certificate. The entire event was captured & telecasted on ET Now Channel.

TRAININGS AND ORIENTATION

WOW! This was a hectic month. The teachers came in on the 30th of May 2016. We had the parent orientation in two batches for all the parents From Pre.KG to the VII grade on the 28th of May 2016.

To get the teachers up and started for the new academic session training programmes were organized for them. Recall & Rewind and Happy Tots orientation was done by our advisor Dr.Maalathi. A session on active and collaborative learning was



done by Ms. Arijitha from CATD (Child . Academy



Teacher Development) by :

The Choice Group of Companies”

The book distribution was on the 3rd and 4th of June for all classes. The school reopened on 6th of June from Senior KG upward and on the 13th for the lower classes.

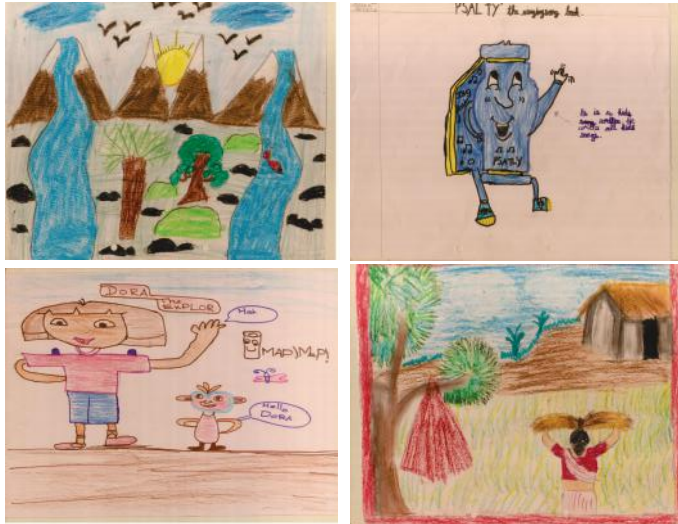


EVENTS & HAPPENINGS

We had two competitions conducted this month on the 17th and the 24th of June. Handwriting (I&II) Drawing (III-VII) and Recitation for all respectively. The children performed very well. We had parents as judges and they were overwhelmed with joy and happiness.

The results and photos

Darshan.R, Oishiki Saha and Mukundan.G of I Grade and Joishina.V, Ambati Chaitri and Jarshon Praiose of II Grade won the Handwriting Competition.



Joshna Prince, Mishal Rubina. J and Jethro Dinah of III & IV Grade and Purusoth, Tanish and Davidson of VI won the prizes for the Drawing Competition.

SUPER MOM CONTEST:

Super Mom Contest was held at Vijaya Forum Mall on 5.6.2016 which was sponsored by Hindustan International School.

FOUNDER'S DAY: Dr. KCG Verghese.

"To Make Every Child a Success and No Child a Failure" - A noteworthy vision. 20th June 2016 was celebrated as founder's day at Hindustan International School, Karapakkam to mark the birth anniversary of our founder Dr. KCG Verghese. Dr.Sumathy Boopal (Vice Principal, KCG College of Technology) was the chief guest. She addressed the children and motivated them to follow their dreams and reach new heights in life. Excerpts from the book "Wheels and Wings" was read by the teachers.



INTERNATIONAL YOGA DAY:

Yogi N. Venkata Rao., MCA., M.Sc., In Yoga was the guest of honour at HISK for the International Yoga Day on 23.07.2016. He was here to talk on the benefits of yoga to the parents and students. Invites were sent to parents of students from II to VII. He is a software Engineer with M.Sc., In Yoga. He pursued it as a passion. He works with TVS Lucas, Padi. He runs an institution named "Living Yoga Center" at Pallavaram. He emphasizes the benefits of yoga and how it helps us to improve our concentration and how to balance our mind with positive thoughts. He lays stress on eating of fresh fruits and vegetables for a health body and mind and stay away from the junk food, chocolates and cold item.



HINDUSTAN INTERNATIONAL SCHOOL COUNCIL ELECTION:

27.06.2016 Election for the School Captain and School Vice Captain was held at Hindustan International School, Karapakkam. The candidates for the election were Dhruvakarsh of Grade VII, Davidson Ajay of Grade VI, Tanisha Dinesh of Grade VI and Raagadharshana.K of Grade IV. The children of Grade I to VII casted their valuable votes to select their leaders in the school. To give the feel of proper election a ballot box was kept and after the children casted the vote an ink mark was put on their left index finger.



LIFE AT SCHOOL

HOUSE NEWS

MARGARET THATCHER HOUSE (Blue)

WORLD ENVIRONMENT DAY (June 5th) World Environment Day was celebrated by Hindustan International School, Karapakkam on 6th July 2016. This programme was initiated by Margaret Thatcher House.

Ms. Ramya, Ms. Kalyani and Mr. Ramadurai delivered speeches on different days of the week in English, Tamil and Hindi respectively, imparting the importance of caring for nature and to protect, preserve and promote the Mother Earth. The Children were encouraged to plant more and more trees in order to make the surroundings green. Posters and charts were displayed about different environmental issues. Students were motivated to add more potted plants to their terrace garden. The "thought for the day" was displayed on the board emphasized the importance of keeping the earth clean and green. Master Davidson Ajay gave a meaningful speech on the value of the environment.



NELSON MANDELA HOUSE (Yellow)

"Yoga is the fountain of the youth. You're only as young as your spine is flexible"

"Yoga is a journey of the self, to the self, through the self"

The entire week was celebrated as Yoga week. A speech on "Benefits of Yoga" was given by Master. Rohan Sri Kumar of Grade VI. Thought for the day was delivered by Tanvi of Grade III. The importance of yoga and what is yoga was told by Davidson Ajay of Grade VI. The guest of honour for the World Yoga Day was Yogi. N Venkata Rao. It was a great experience for HIS, Karapakkam to learn different asana and know.



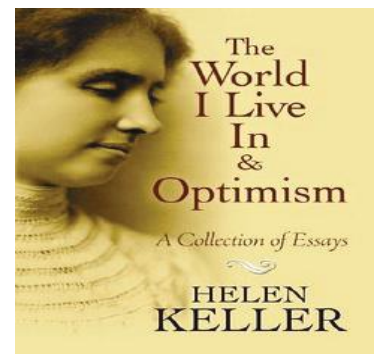
MAHATMA GANDHI HOUSE (Green)

On 14th June, the students elaborated on World Blood Donors Day, emphasizing on raising awareness on the need for more blood donors. On 15th June, the students celebrated Smile & Power Day, by gifting everyone they saw with a huge smile. On 16th June, the students observed Fresh Veggies Day, calling attention to cooking healthy and fresh vegetables and on 17th June, we continued on a similar note with eat your Vegetables Day, encouraging all to grow their won vegetable patch and enjoy fresh vegetables every day.



ABRAHAM LINCOLN HOUSE (Red)

Madam Helen Keller's 136th birthday was celebrated on 27th June. Madam Keller became ill which caused her to become deaf and blind. She was outspoken in her principle, she worked hard for revolutionary changes. People with disabilities were able to be in mainstream education and employment because of Helen's inspiration. Inspite of her disabilities she excelled in fields of life and set an example for future generations to come. Thought for this day was read by Elina Scarlett "Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence". On Monday i.e 27th June during the assembly children were told about a great personality Helen Keller, how she overcame all the shortcomings in her body and set an example for others. Her famous saying was put up as the thought for the day on the board as an inspiration to the children and staff of HIS. Dhruvakarsh of Grade VII read about Helen Keller and Joshina Prince of Grade IV read the news for the day.



The Red Balls

Bindu just loved mixture. It was very sweet and so, whenever she started catching a cold, she went running to her mother for a dose. And every time she would ask for a bit extra. Her mother often explained to her that you have to take medicine in the correct amount, but Bindu wasn't convinced. One night, she had a very strange dream. In it she was a minuscule - smaller than a mosquito. She was living inside a child. She and many others there were responsible for taking some little red balls to the other end of a big bridge.

There, one musicians would collect the ball and

turn them into musical notes. They were really happy to do this, because when each little ball reached its destination, the conductor of the orchestra added the new note to the tune, continuing the beautiful music which was delighting them all. Before long, they began to run out of little red balls, and for a while the music lost its power and its joy. The child they were living in was becoming sick. Fortunately, the child soon took some cough medicine and the little red balls started appearing again. Likewise, the music became more powerful and joyful, as it had been before. Suddenly, a loud alarm bell went off. The child had taken too much cough mixture! Just then, hundreds of enormous red balls appeared all at once, and they were so heavy that they could hardly move them. A great chaotic commotion began, and the music stopped once more. Bindu, with an enormous effort, finally managed to lift one, and she started to walk the bridge. But it was so heavy that the bridge itself collapsed under her feet. And as she was falling, she heard how the music had stopped forever.....

Bindu suddenly woke up, with a fright. Thinking about her dream she understood that taking something so good and so tasty like her cough medicine, was a good thing when it was what was needed, but could be very dangerous if you took too much. From then on, she only wanted to take medicine when she really needed it, and whenever she took it she would say to her mother:- "Just the right amount, OK? I don't want my body filling up with the big red ball."

STORY



"Application of Chemistry in Health and Hygiene"

Throughout the centuries, there have been many benefits brought by chemistry to our daily living. Two significant contributions made by chemistry towards our lifestyle is the protection of our health and hygiene. The purification of our water by process of chlorination, dental cleanliness from toothpaste, sterilisation, the control and the cure of disease are all a part of daily living discovered and created by Chemistry.

HYGIENE PRACTICES

- Keep your work place clean.
- Keep your tools, instruments and machinery clean
- Keep your office files clean
- Never allow dust accumulation
- Never shy in cleaning your tables by yourself.
- Use toilets in proper ways
- Use more water to avoid smell and stains
- Wash your hands and mouth after you use the toilet
- Always close the doors of toilets
- Open the doors of ventilation



STUDENTS CORNER

Riddles

- a) I am noisy!
Sometimes I boom
and sometimes I rumble.
I come after lighting.
What am I?
- b) I am part of the
water cycle.
I am the reason that
puddles disappear.
I am water droplets
going back into the air.
What am I?
- c) I am in the solar
system, but
I am not a planet.
My heat warms the air
What am I?
- d) I am shown with numbers.
I can be Fahrenheit or Celsius.
I start with T, but my
second letter is not H.
I tell how hot or cold something is
What am I?

– Abel Mathew - III

திறமை (கவிதை)

மனிதனுள் ஏத்தனை திறமைகள்

மண்ணில் தங்கம் போல

கண்டறிதவன் தங்க ஆபரணமாய் மின்னுகிறான்

கண்டறியாதவன் மண்ணுக்குள் மடிகிறான்

-Purushoth - VI

JOKES CORNER

संता: यह सदाचार क्या होता है?!

बंता: जैसे आम का अचार होता है, वैसे सादा आचार होता है!

संता: यह अनुशासन क्या होता है?

बंता: जैसे दुशासन होता है, वैसे ही अनुशासन होता है

Dhruvakash Kunala - VII

TEST YOUR MATHS KNOWLEDGE

1. What can you catch but not throw?
2. Why is Maths book sad?
3. What kind of meals do math teachers eat?
4. What did zero say to the number eight?
5. Why did the two 4's skip lunch?
6. I am an odd number, take away an alphabet and I become even. What number am I?

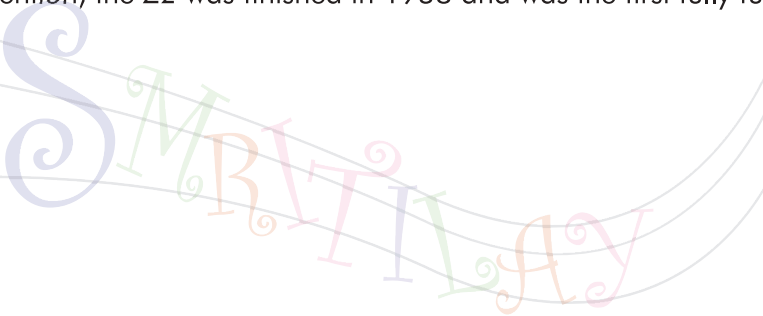
Jethro - III

Check out for the answer keys below



MOST INTERESTING COMPUTER FACTS

1. Another name for a Microsoft Windows tutorial is 'Crash Course'!
2. Bill Gates house was designed using a Macintosh computer.
3. There are approximately 1.06 billion instant messaging accounts worldwide.
4. Domain names are being registered at a rate of more than one million names every month.
5. E- mail has been around longer than the World Wide Web.
6. The average computer user blinks 7 times a minute, less than half the normal rate of 20.
7. The first computer mouse was invented by Doug Engelbart in around 1964 and was made of wood.
8. Country with the highest percentage of net users is Sweden (75%).
9. There are approximately 1,319,872,109 people on the Internet.
10. The world's first computer, called the Z1, was invented by Konrad Zuse in 1936. His next invention, the Z2 was finished in 1938 and was the first fully functioning Electro-Mechanical Computer.



1. Cold
2. It has too many problems
3. Square meals
4. Nice belt
5. They already eight (ate)
6. Seven (SEVEN-S=EVEN)
7. Temperature
8. I am the
9. I am the Sun
10. I am thunder

Answer Keys



Address: KCG Nagar, Rajiv Gandhi Salai, Karapakkam, Chennai - 600097
 Phone: 044 6050 3433 | Mob: 9840842747 | Email: cbseenquiry@hindustanschools.in
 Head Office: #40, G.S.T. Road, St. Thomas Mount, Chennai - 600016
 Phone: 044 2234 2020 | www.hindustanschools.in