



MONTHLY NEWSLETTER AUGUST 2026 EDITION



DR. K.C.G Verghese
Founder Chairman
Hindustan Group of Institutions

FROM THE EDITOR'S DESK

Dear Reader,

“August is a month to dream big, learn with joy, and believe in ourselves.”

As we step into the month of August, let us embrace each day as a new opportunity to learn, grow, and make a positive difference. Every experience, whether big or small, teaches us something valuable and helps us become stronger and wiser. Let us encourage our children to be curious, confident, kind, and willing to try new things. With a positive attitude, a caring heart, and the courage to keep going even when things seem difficult, every child can discover their own unique potential. May this month be filled with joyful learning, meaningful experiences, new friendships, and many little moments that make us proud. Let us remember that every great journey begins with a single step!

Best Wishes,

Team NEWS-HIS!!

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10TH ANNUAL SPORTS MEET

Hindustan International School, Guindy, proudly celebrated its 10th Annual Sports Meet 2026–27 with a vibrant display of talent, teamwork, discipline, and sporting spirit. The event was graced by Mr. Sankar Komaleeswaran, Chairman of the All India Football Federation Referees, as the Chief Guest, along with members of the school management, faculty, parents, and students. The celebrations began with the Assembly of Athletes, March Past, Sports Torch Lighting, and Sports Oath. The disciplined March Past by the Student Council and four school houses reflected the students' unity and dedication. The Sports Torch symbolised perseverance, hope, and the pursuit of excellence.

The event featured energetic performances including the Grade 1 & 2 Pom-Pom Drill, Karate Display, and Grade 3–5 Drill Performance, showcasing creativity, confidence, and coordination. Students from Grades 1 to 12 enthusiastically participated in various athletic events, demonstrating determination, resilience, and true sportsmanship.

The day concluded with the Closing Ceremony and felicitation of outstanding athletes and houses. Awards were presented for individual championships, Best Athletes, House Decorations, Discipline, March Past, and the Overall Championship Trophy.

The 10th Annual Sports Meet was a memorable celebration that strengthened school spirit and reminded every learner of the importance of teamwork, perseverance, discipline, and striving for excellence.



MEET A TREE

The “Meet a Tree” activity, conducted on 5th August 2026, offered our pre-primary learners a wonderful opportunity to connect with nature through observation, exploration, and creativity. The children stepped outdoors, interacted with real trees and leaves, and discovered the beauty and importance of the natural world around them.

PP1 learners observed a real tree and identified its different parts, including the trunk, bark, branches, leaves, and roots. They explored the texture of the trunk through observation and colouring and created colourful palm-print trees using paint.

PP2A & PP2B learners explored the beauty of leaves through creative activities. They used leaf-printing techniques to create vibrant flower-pot artwork and experimented with painting natural leaves.

PP3A & PP3B learners investigated different leaf shapes and patterns and expressed their observations through engaging leaf-printing activities.

Through these hands-on experiences, the children strengthened their observation, fine motor, creativity, exploration, and hand-eye coordination skills. More importantly, the activity nurtured a sense of wonder, appreciation, and responsibility towards trees, plants, and the environment.

“Meet a Tree” was a joyful and meaningful learning experience that encouraged our young learners to observe closely, explore fearlessly, create creatively, and care deeply for nature.



LIFE SKILLS – PRE-WRITING SKILLS

Our PP1 learners participated in a series of fun and engaging pre-writing activities on 7th August 2026, designed to strengthen their fine-motor skills and prepare them for confident pencil writing. Through hands-on experiences, the children developed finger strength, hand muscles, hand-eye coordination, pencil control, concentration, and visual tracking.

The children explored a variety of activities:

- **Pattern Tracing with Pom-Poms:** Children carefully placed pom-poms along patterns, strengthening their fingers while developing visual tracking and coordination.
- **Pattern Cutting:** Children practised cutting along different patterns, improving hand control, precision, and coordination.
- **Dal Transfer Through Patterns:** Children transferred dal along patterned lines, encouraging concentration, finger control, and hand-eye coordination.
- **Clay Dough Pattern Making:** Children created patterns using clay dough, strengthening their finger muscles while expressing their creativity and developing control.

These joyful, hands-on activities provided an engaging foundation for pre-writing readiness. As the children traced, cut, transferred, and created, they were building the essential fine-motor skills needed for future writing success—while learning through play and exploration.



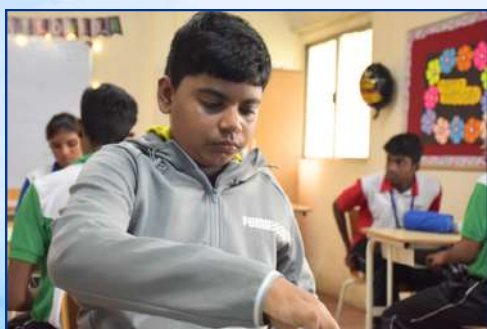
INTER-HOUSE CHESS TOURNAMENT 26-27

Hindustan International School, Guindy, successfully conducted the Inter-House Chess Tournament 2026–27 on 10th August 2026. The tournament witnessed enthusiastic participation from 68 students across Grades 1 to 12, competing in five age and grade categories.

The competition was professionally conducted by Mount Chess Academy under the guidance of Mr M. Ravichandran, International Arbiter, following the Swiss System format. Students participated in four competitive rounds, demonstrating impressive concentration, strategic thinking, patience, discipline and sportsmanship throughout the tournament.

The Inter-House format added an exciting spirit of healthy competition as students proudly represented their respective Houses. Mahatma Gandhi House emerged as the Overall Champion with 38 points, closely followed by Margaret Thatcher House with 36 points. Abraham Lincoln House secured third place with 24 points, while Nelson Mandela House finished fourth with 12 points.

The tournament provided an excellent platform for students to showcase their chess abilities while developing important skills such as critical thinking, decision-making, perseverance and the ability to remain calm under pressure. Overall, the event was a memorable celebration of strategy, intellect, teamwork and sportsmanship.



TRICOLOR

The Department of Art & Design at Hindustan International School, Guindy, organised the vibrant “TRICOLOR” Drawing & Painting Contest 2026 on 12 August 2026. The event brought together over 200 young creators from Grades 1 to 12, celebrating the spirit of patriotism through the colours of the Indian national flag—saffron, white, and green.

Students were given different themes and encouraged to bring their imagination to life through drawing and painting. Using a variety of mediums, including crayons, paints, oil pastels, soft pastels, and colour pencils, participants showcased their creativity and unique interpretations of national themes.

The contest was divided into four age-based categories, with three winners selected from each category. The winners were honoured with trophies and certificates during the school's 80th Independence Day celebrations on 15 August 2026.

The event successfully promoted patriotism, creativity, cultural awareness, and artistic growth while providing students with a meaningful platform to showcase their talent and celebrate the pride and spirit of India.



ICONIC INDIANS COMPETITION

Hindustan International School, Guindy, celebrated India's 80th Independence Day on Thursday, 14th August 2026, with great enthusiasm and patriotic spirit. The celebration was organised to instil a sense of patriotism among students and create awareness about the inspiring lives and contributions of India's freedom fighters and national heroes.

The highlight of the celebration was the Iconic Indians Fancy Dress Competition, which brought together enthusiastic participants from all three HISTAR levels. Dressed as celebrated freedom fighters and national heroes, the young students confidently presented their chosen personalities and shared a few lines about their remarkable contributions to the nation.

The participants were judged on costume, creativity, confidence, and clarity of speech, giving them an opportunity to showcase their knowledge, communication skills, and creativity. The HISTAR block was beautifully decorated in the vibrant colours of the Indian tricolour, adding to the festive and patriotic atmosphere.

The celebration was a meaningful blend of learning, creativity, confidence, and patriotism. It encouraged students to learn from the courage and sacrifices of India's national heroes while fostering a deeper sense of pride, respect, and love for their country.



STUDENT LEADERSHIP OVERNIGHT PROGRAMME

Hindustan International School, Guindy, successfully conducted the Student Leadership Overnight Programme from 14th to 15th August 2026. The memorable residential experience brought together 58 student leaders from Grades 10, 11 and 12 for an evening of learning, teamwork and fun.

The programme featured interactive leadership activities, team-building challenges, group discussions, games and a campfire experience, creating opportunities for students to strengthen their communication, confidence, responsibility and collaborative skills. The overnight setting also encouraged students from different grades to connect, interact and build stronger peer relationships.

Through active participation and shared experiences, the student leaders developed a greater understanding of leadership as a responsibility to support, inspire and work effectively with others. The programme concluded the following morning with reflection, group bonding and a strong sense of camaraderie.

Overall, the Student Leadership Overnight Programme was an enriching and memorable experience that successfully fostered leadership, teamwork, confidence, school spirit and lasting friendships.



80TH INDEPENDENCE DAY CELEBRATION

Hindustan International School, Guindy Block, celebrated the 80th Independence Day of India with immense pride and patriotic spirit on 15th August 2026. Students from Grades 1 to 12, teachers and parents came together to commemorate India's journey towards freedom and honour the sacrifices of the nation's freedom fighters.

The programme commenced with Tamil Thai Vazhthu, followed by the Welcome Address, Flag Hoisting Ceremony and the National Anthem. The National Pledge and Vande Mataram further reinforced the values of unity, integrity and devotion to the nation. Patriotic speeches in English and Hindi, along with a vibrant dance performance by students of Grades 10 and 11, added colour and energy to the celebration.

The school was honoured to welcome Mr Antony R. Julian as the Chief Guest. In his insightful address, he connected India's history and the evolution of warfare with the growing importance of cybersecurity and digital safety in today's world. His speech encouraged students to become responsible, alert and digitally aware citizens.

The celebration also included prize distribution for the Tricolour Contest, Hindustan Got Talent and Inter-House Chess competitions, recognising the achievements and talents of students. The programme concluded with a Vote of Thanks and refreshments, leaving the school community with a renewed sense of patriotism, national pride and responsibility.



FRANCE COUNTRY PRESENTATION

Hindustan International School, Guindy, organised an engaging Country Presentation on France on 18th August 2026 at the MGR Auditorium. Students from Grades 6–12, faculty, parents, and the school management witnessed an informative journey through France's geography, history, culture, government, economy, wildlife, sports, and tourism.

The presentation was delivered by Miss Helena Stephie Angelin, Master Arjun Ravindranath, Miss Avantika Rajesh, Miss Vaishnavi Anantharam, Miss Keerthipriya, and Master Sairam Murugan. Through videos, visuals, and interactive discussions, the team highlighted France's iconic landmarks, rich cultural heritage, scientific contributions, sporting traditions, and natural beauty.

An enthusiastic Question and Answer session encouraged audience participation, followed by a Vote of Thanks. The presentation was a memorable learning experience that showcased the students' research, teamwork, confidence, and presentation skills while promoting global awareness and cultural appreciation.



THE NATIONAL SUMMIT ON AI IN INDIAN EDUCATION

Hindustan International School, Guindy, was represented at the National Summit on AI in Indian Education: Advancing Responsible AI for Access, Equity and Excellence, held on 21st August 2026 at The Leela Gandhinagar, Gujarat. Organised by QS I-GAUGE, the summit was attended by Ms. Sheema Shaktivel, QS Coordinator, and Ms. Aswathy Sumesh, Upper Secondary Coordinator.

The summit brought together education leaders, school heads and academic experts from across India to explore the responsible and sustainable integration of Artificial Intelligence in school education. Discussions focused on AI-powered quality assurance, data-driven decision-making, sustainable implementation strategies and the importance of ethics, privacy and student wellbeing.

The programme provided valuable insights into how schools can adopt AI meaningfully while ensuring that its use remains aligned with educational goals, equity and student needs. It also highlighted the importance of building staff capacity and developing clear strategies for responsible AI integration.

Overall, the summit was a valuable professional learning experience that offered fresh perspectives on the opportunities and responsibilities associated with AI in education, supporting future discussions on innovation, quality enhancement and responsible technology use at school.



PONNONAM '26

The school celebrated Ponnonam '26 on 25th August 2026 at the Hindustan International School, Guindy Auditorium, with enthusiastic participation from students of Grades 1 to 12. The celebration began with a warm Welcome Address by the Head of School, Dr. Lalli C. K., followed by an inspiring Onam message by Anshitha of Grade 10. The event featured a colourful Pookolam Competition, a lively Mahabali Skit by Grades 4 and 5, and vibrant cultural performances including a Welcome Dance by Grades 1 to 3, Onam Dance by Grades 6 to 8, and traditional Thiruvathira by Grades 9 to 12. The celebration also included an engaging Q&A session, an energetic School Band performance, and an Eid Milad-un-Nabi speech by Aanam of Grade 6, highlighting harmony and togetherness.

The programme concluded with a heartfelt Vote of Thanks by Satvika of Grade 12, expressing gratitude to the school leadership, teachers, students, and everyone who contributed to the celebration. Ponnonam '26 provided students with a joyful platform to showcase their creativity, talents, confidence, teamwork, and appreciation of Kerala's rich cultural heritage. The celebration also reinforced the values of sharing, gratitude, inclusiveness, respect, and togetherness, leaving students with a deeper appreciation of cultural traditions and a strong sense of unity and belonging within the school community.



ODISHA STATE PRESENTATION

The Odisha State Presentation, presented by students of Grade 4 on 28th August 2026 at the Hindustan Auditorium, Guindy Block, provided an informative and engaging exploration of Odisha's rich geography, history, culture, governance, economy, tourism, wildlife, and sports. The presentation covered important aspects such as ancient Kalinga, the Kalinga War, Emperor Ashoka and Kharavela, the Odia language, festivals, traditional arts, handicrafts, cuisine, natural resources, industries, and famous landmarks including the Konark Sun Temple, Puri, Jagannath Temple, Chilika Lake, Dhauli Hill, Lingaraja Temple, and Udayagiri and Khandagiri Caves. The presentation was enriched with photographs, visuals, and an introductory video, making the learning experience engaging for the audience.

The topics were effectively divided among Dhayaan, Hitanshi, Smaya, Tejashree, Priyank, and Vigrahaa, encouraging teamwork, responsibility, and collaboration. An interactive Question-and-Answer session at the end further encouraged audience participation and reinforced the key learning points. The presentation helped students develop research, communication, public speaking, presentation, leadership, and teamwork skills, while also deepening their appreciation of Odisha's rich heritage and diversity. Overall, the Odisha State Presentation was a successful and enriching learning experience that showcased the students' preparation, confidence, creativity, and collaborative spirit.



MAKE MY MUSIC DAY

Hindustan International School celebrated Make My Music Day on 28th August, 2026 with a vibrant and engaging musical experience for the little ones. The learners embarked on a magical musical journey, exploring the world of rhythm, harmony, instruments, sounds, and melodies. The session began with a brisk walk from the old block to the new Thomas Block, where the music educator welcomed the children into the music room. The learners enthusiastically joined in singing the familiar song “Every Move I Make” before being introduced to different classifications of musical instruments, including stringed and percussion instruments.

The children then explored how percussion instruments are played through hitting, scraping, and beating, followed by a hands-on experience with a variety of instruments such as drums, guitars, pianos, violins, flutes, cajon, and darbuka. They eagerly experimented with the instruments, discovering the unique sounds and rhythms each one created. The experience helped spark their curiosity and appreciation for music in a fun, interactive, and educational way. The learners then safely returned to their classrooms and continued their creativity by making their own musical instruments, bringing the celebration to a joyful conclusion.



NUTRITION WEEK

HISTAR celebrated National Nutrition Week from 31st August to 3 September 2026 with a series of engaging and informative activities designed to introduce children to the importance of healthy nutrition and balanced eating habits.

The programme aimed to develop an understanding of basic nutrition concepts, encourage children to make healthier food choices, and create awareness about the importance of consuming a balanced and nutritious diet. Through interactive food-related activities and simple food preparation experiences, children also had opportunities to develop their fine motor skills while learning about healthy eating habits.

The celebrations encouraged children to understand how nutritious food, regular exercise, and healthy lifestyle choices contribute to their overall well-being. By developing positive habits from an early age, children can build a strong foundation for a healthier and more active future.

At HISTAR, we believe that nurturing healthy habits in children is an important part of their holistic development and that early awareness can inspire them to make informed choices throughout their lives.



STUDENT VOICES

Theme: Leadership And What It Means To you

Leadership is often painted as a grand, noble pursuit where one person guides the masses toward glory. In reality, it sometimes feels more like herding cats while balancing a cup of coffee. The cats, of course, are your teammates, and the coffee is your sanity.

The first truth about leadership is that it is not about bossing people around. Anyone can shout instructions, but true leaders inspire others to follow willingly. If you have ever convinced a group of friends to watch a movie you like, despite their protests, congratulations. You have demonstrated leadership in its rawest form.

Another thought: leaders are expected to be visionaries. This sounds impressive until you realize it means predicting the unpredictable. A leader must say things like "I see where this is going" even when they have no idea where it is going. Confidence, it turns out, is half the job. The other half is pretending you did not just Google "how to motivate a team."

Humor also plays a role. A leader who cannot laugh at themselves risks becoming the villain in their own story. People follow those who are human, not those who act like robots. If you trip on stage, smile, wave, and call it a demonstration of resilience. Suddenly, you are not clumsy, you are relatable.

Finally, leadership is about responsibility. It is the art of taking credit when things go right and taking the blame when things go wrong. The trick is to do both gracefully. If success comes, say "we did it." If failure arrives, say "I will fix it." Either way, your team will respect you, and you will earn the right to herd cats again tomorrow.

In short, leadership is equal parts courage, comedy, and caffeine. My thoughts are simple: lead with honesty, laugh often, and never underestimate the power of a well timed coffee break.

-Candace Magdalene G9



STUDENT VOICES

Theme: Leadership And What It Means To you

We all think leaders are only the big names in school – the Head Boy, Head Girl, Sports Captain Girl and Boy, and all the House Captains who stand proudly on stage during assembly. When we see their badges, we feel that leadership is something faraway, something only a few can get.

But I have learned that leadership actually starts in our own classroom, and it starts very early. I still remember when I was made the *Class Monitor* for the first time. I was so excited to have a duty. But when the teacher left the classroom, I understood it was not just about power. My best friends would be talking, and I had to be fair even to them. It was difficult, but it taught me that a real leader has to be courageous and unbiased. Courage is more important than power.

Then I became the *Log Book Monitor*. It may look like a small job – just carrying a book to the staff room. But that small brown book holds the entire day of our class. Teachers trust only one student with it. I had to be on time every single day and make sure it was safe. It taught me punctuality, responsibility and trust.

Later, I was the *Smart Board Monitor*. It was just cleaning the smart board and keeping it ready for the next class, but I learned that leadership is also about serving others without expecting anyone to notice. It is about leading by example.

All those small duties were my real training ground. They were preparing me without me even knowing it. And I have got many roles in my previous grades, so after learning all those small lessons, now I am currently the Vice Captain of Mahatma Gandhi House. Now I realise the job is exactly the same, only on a bigger level. Being a Vice Captain is not about giving orders or shouting that our House is the best. It is about teamwork, supporting my House Captain, finding shy students who are talented but too scared to participate, and cheering the loudest when our House is losing. And the funny part is, even though I am a Vice Captain, I am still a student of Grade 9, so I still have to take care of the smart board of my class. From House to smart board, duty never ends!

As Gandhiji, the hero of my House, said, Be the change you wish to see in the world; He never ordered people; he picked up the broom himself first, and the whole nation followed him.

So finally, I have learned that leadership is not about the badge on your uniform. It is about the responsibility you take and what you do when no one is watching.

– R S Thananya GRADE 9



UPCOMING SEPTEMBER EVENTS

- Nutrition Week begins
- Teacher's Day
- Chairman's Awards Event
- Debate Competition
- IGKO - GK Olympiad
- ICSO - Computer Science Olympiad /
School Management Committee
Meeting
- Country Presentation
- State Presentation
- Ignite- The Clash Of The Legends /
Sharktank