



MONTHLY NEWSLETTER JULY 2026 EDITION



DR. K.C.G Verghese
Founder Chairman
Hindustan Group of Institutions

FROM THE EDITOR'S DESK

Dear Reader,

“Growth is not always loud - July celebrates the silent progress that shapes our future”

As July emerges, it brings with it the courage we need to strive forward. This month encourages to take notice of all small things that lead to the bigger picture. With fresh goals and new aspirations, we train harder than ever to improve every part of our talents. This edition represents the radiant energy of July. From new beginnings we have moved to new ambitions, and this month brings every spirit needed to embolden us. May every small step we take this month, lead us to a bigger success.

Here's to a month full of aspiring journeys and spirited competition .

Best Wishes,

Team NEWS-HIS!!

EDITORIAL TEAM

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DOCTOR'S DAY CELEBRATION

To commemorate Doctor's Day, Hindustan International School, Guindy organized an educational visit to Global Gleneagles Hospital, Perumbakkam, on 1st July 2026 for students from Grades 7 and 8, accompanied by Lower Secondary teachers and the School Nurse.

The program commenced with a special assembly to educate students on emergency health care, while the visit provided students with a unique opportunity to interact with healthcare professionals and gain valuable insights into the noble medical profession. Doctors conducted an engaging awareness session on the importance of balanced nutrition, proper hydration, healthy lifestyle choices, and the prevention of anaemia. Students enthusiastically participated in the interactive discussions, asked thoughtful questions, and learned how simple daily habits can contribute to lifelong health and well-being.

The programme was both inspiring and informative, encouraging students to adopt healthier lifestyles while fostering empathy, respect, and admiration for those who tirelessly serve humanity. It was a memorable learning experience that reinforced the values of gratitude, service, and responsible living.



YUVI PEP ORIENTATION

The YUVI PEP Orientation Programme on the theme "Innovation Starts with You" was conducted on 2nd July 2026 for students of Grades 4 to 7 at the St. Thomas Block Auditorium. Led by resource person Mr. Sudharshan, the session inspired students to embrace creativity, innovation, and entrepreneurial thinking.

Through interactive presentations, group discussions, real-life examples, and brainstorming activities, students explored the process of identifying everyday challenges and developing practical solutions. They also learned about prototype development, structured planning using the Pen Chart activity, and the importance of effectively presenting innovative ideas.

The engaging session encouraged students to think critically, collaborate with peers, and approach problems with confidence and creativity. It also highlighted how innovation can create meaningful impact and open doors to future opportunities.

The orientation proved to be an enriching learning experience, equipping students with essential problem-solving, communication, and design-thinking skills while inspiring them to become confident innovators and future leaders.



HINDUSTAN'S GOT TALENT

Hindustan International School proudly hosted Hindustan Got Talent (HGT) 2026–2027, a two-day intra-school cultural extravaganza held on 2nd and 3rd July 2026. The event provided students from Grades 1 to 12 with an exciting platform to showcase their talents through a variety of on-stage and off-stage competitions.

The programme was inaugurated by Head of School, Dr. Lalli C. K., whose inspiring address encouraged students to participate with confidence, creativity, and sportsmanship. The event also featured welcome addresses by the student leaders, setting the stage for two days of enthusiastic participation.

With over 200 participants, the campus came alive with music, dance, art, and other creative performances, reflecting the diverse talents of our students. A unique highlight of this year's event was the inclusion of student judges alongside teachers, promoting leadership, fairness, responsibility, and integrity.

The event was successfully coordinated by the Student Council, under the guidance of the teaching staff, ensuring the smooth conduct of every competition. Hindustan Got Talent 2026–2027 concluded on a high note, celebrating creativity, confidence, teamwork, and the spirit of excellence while reaffirming the school's commitment to holistic education.



WORLD CHOCOLATE DAY

Hindustan International School, Guindy celebrated World Chocolate Day on 7th July 2026 with great enthusiasm among the HISTAR students. Dressed in colourful and creative chocolate-themed costumes, the young learners enjoyed a delightful day filled with fun, learning, creativity, and excitement. The celebration began with a prayer, followed by an engaging introduction to the significance of World Chocolate Day. Students explored the fascinating journey of chocolate-making through an informative PowerPoint presentation and enjoyed the delightful story, “Coco the Little Cocoa Bean,” along with a chocolate-themed rhyme.

Adding to the excitement was a lively chocolate costume ramp walk, where the little ones confidently showcased their creative outfits. A special highlight of the celebration was a live cake-decoration demonstration by Ms. Nagalakshmi, parent of Heera Thiyagaran (PP3B). The children enthusiastically participated by adding delicious chocolate toppings to the cake, making the experience even more memorable.

The celebration concluded with an important message about enjoying chocolates in moderation and maintaining good dental hygiene.

The event beautifully blended learning, creativity, participation, and joy, leaving the young learners with sweet memories and a valuable message about healthy habits.



LIFE SKILL: DINING ETIQUETTES

A Dining Etiquette session was conducted on 8th July 2026 for the young learners of PP2 A, PP2 B, PP3 A, and PP3 B at Hindustan International School, Guindy. The session aimed to introduce children to the importance of good table manners, personal hygiene, and healthy dining habits through an engaging and age-appropriate learning experience.

The learners were introduced to essential dining practices such as washing hands before and after meals, sitting properly, using polite words, handling cutlery correctly, maintaining cleanliness, and avoiding food wastage. Through interactive discussions and fun role-play activities, the children enthusiastically practised these skills, gaining confidence in applying appropriate table manners.

The session was both enjoyable and meaningful, helping learners develop essential life skills that they can practise at home and in social settings. It also encouraged respectful behaviour, cleanliness, and responsible eating habits, making the activity a valuable step towards nurturing confident, courteous, and responsible young individuals.



STATE PRESENTATION

On 9th July 2026, the Grade 4 learners presented "Madhya Pradesh – The Heart of India" at the Hindustan Auditorium before students of Grades 3 to 5, teachers, and parents.

The presentation showcased the learners' research on the state's geography, history, culture, wildlife, tourism, agriculture, and governance. They confidently shared fascinating insights into iconic landmarks such as the Bhimbetka Rock Shelters, Sanchi Stupa, and Khajuraho Temples, while also highlighting the state's rich cultural heritage, biodiversity, and agricultural advancements.

Through engaging visuals and well-coordinated presentations, the learners demonstrated excellent teamwork, confidence, and communication skills. The event provided a valuable platform for them to strengthen their research abilities, public speaking, and collaborative learning while fostering a deeper appreciation for India's rich cultural and natural diversity.

The presentation was a resounding success, reflecting the enthusiasm, dedication, and hard work of the Grade 4 learners, with the unwavering support of the school leadership, teachers, and parents.



GOAL TO GLORY

The Goal to Glory – FIFA Football Carnival 2026, organised by the Department of Physical Education, was held from 13th to 15th July 2026, bringing together students from HISTAR to Grade 12 for three exciting days of football, creativity, and healthy competition.

The carnival began with an inaugural ceremony, followed by thrilling football matches across various age categories. While the senior students competed on the field, the younger learners enthusiastically participated in football fun activities, including dribbling, shooting, ball control, and skill games.

Day two celebrated creativity through football-themed events such as Mascot Design, Dream Kit Design, Poster Making, Tifo & Banner Design, Mural & Installation Art, and Spirit & Colour Presentation, showcasing students' artistic talents and teamwork.

The final day featured the Football Quiz and EAFC Championship, concluding with the Closing Ceremony and Prize Distribution, where students were recognised for their outstanding performances and sportsmanship.

After three days of spirited competition, Argentina emerged as the Champion Nation with 355 points, followed closely by France as the Runner-up with 340 points, while England secured the Second Runner-up position with 290 points.

The carnival was a grand success, promoting teamwork, leadership, creativity, and fair play while strengthening house spirit and unity across the school.



LE JOUR DE BASTILLE

The school celebrated French National Day (Bastille Day) on 14th July with a vibrant cultural programme that showcased the students' enthusiasm for the French language and culture. The event began with a warm welcome by Dhanusree of Grade 10, followed by an informative presentation by Layaa and Anshita of Grade 10, who spoke about the significance of Bastille Day, the French Revolution, and the ideals of Liberty, Equality, and Fraternity.

The programme featured a variety of engaging performances, including melodious French songs by students of Grades 3, 4, and 5, energetic dance performances to popular French songs by students of Grades 6, 7, 8, 9, and 10, and captivating solo and group musical renditions. An interactive French-themed quiz conducted by the boys of Grades 6 and 7 added an element of fun while encouraging audience participation and enhancing awareness of French language, culture, and history.

The celebration concluded with a vote of thanks by Layaa and Anshita, followed by the singing of the French National Anthem, bringing the programme to a meaningful close. The event was a wonderful celebration of music, dance, and cultural learning, providing students with an opportunity to showcase their talents while fostering a deeper appreciation for the richness of French heritage and traditions.



WORLD EMOJI DAY

HISTAR Guindy celebrated World Emoji Day with enthusiasm, creativity, and plenty of cheerful expressions. The celebration encouraged learners to explore and understand different emotions while discovering how emojis have become an important part of everyday communication.

The day featured a variety of engaging activities, including emoji-themed mobile hangings, colouring worksheets, matching games, emotion-recognition exercises, and the lively Emoji Parade. Learners proudly showcased their handmade emoji crafts, while colourful decorations added to the festive atmosphere across the corridors.

The celebration provided a joyful learning experience that encouraged creativity, emotional awareness, communication, and self-expression. It was a memorable day filled with learning, laughter, and meaningful moments for all the learners.



HIS KOREO

The HIS Koreo Dance Competition 2026–27 was held on 17th July 2026 at Hindustan International School, Karapakkam, bringing together talented dancers from various HIS branches. The event was inaugurated by the respected Dean and graced by two renowned dance artists as chief guests. The Guindy branch delivered outstanding performances, with Praneet (Grade 2A) winning First Prize in Category 1 (Solo Dance), Dhaivik (Grade 3) securing Third Prize in the same category, Tejashree Sathish Kumar earning Third Prize in Category 2 (Solo Dance), and the Category 3 Group Dance team winning Second Prize.



The competition provided students with a wonderful platform to showcase their talent, confidence, and passion for dance.

RHYME & ROLL COMPETITION



The Rhyme & Roll Competition was conducted on 21 st July 2026 at Hindustan International School, Guindy. The event provided a lively platform for young learners to showcase their creativity, confidence, communication skills, and imagination through expressive rhyme recitations, colourful costumes, handmade props, and role-play.

With enthusiastic support from parents and teachers, the children delivered engaging performances with confidence and joy. The competition successfully encouraged language development, self-expression, pronunciation, and public-speaking skills, making it a memorable and enriching learning experience.

EDUCATIONAL FIELD TRIP

As part of the Experiential Learning Programme, students visited VGP Marine Kingdom on 27th July 2026. They explored the fascinating underwater world and observed a variety of marine life, including colourful fish, sharks, rays, jellyfish, and starfish.

The visit provided a hands-on opportunity to learn about marine habitats and biodiversity, while developing curiosity and observational skills.



The students enthusiastically participated, followed safety guidelines, and enjoyed a memorable day of learning, exploration, and discovery.

RHYME & ROLL COMPETITION



HISTAR celebrated Sense Booth Day on 31st July 2026 for pre-primary learners and their parents. The children explored the five senses—sight, hearing, smell, taste, and touch through fun and interactive hands-on activities, making the learning experience engaging and meaningful.

The event encouraged sensory awareness, curiosity, observation skills, and vocabulary development, while providing an opportunity for parents to actively participate in their children's learning. The innovative activities received positive feedback from parents and made the celebration a joyful, interactive, and memorable learning experience.

A JOURNEY TO AUSTRALIA – COUNTRY PRESENTATION

The Country Presentation on Australia was held on 28th July 2026 at the Hindustan Auditorium, Guindy Block, for students of Grades 5–10, teachers, and parents. The session provided an exciting opportunity for students to explore Australia's geography, culture, history, wildlife, landmarks, economy, and education system while strengthening their research, teamwork, communication, and public-speaking skills.

The students took the audience on a fascinating journey across Australia, introducing its capital Canberra and major cities such as Sydney, Melbourne, Brisbane, Perth, and Adelaide. They showcased Australia's unique wildlife, including kangaroos, koalas, wombats, emus, and platypuses, and highlighted iconic landmarks such as the Sydney Opera House, Sydney Harbour Bridge, Great Barrier Reef, and Uluru. The presentation also explored Aboriginal heritage, multiculturalism, national symbols, popular sports, and interesting facts about the country's diverse landscapes and biodiversity. With enthusiasm, confidence, and excellent teamwork, the students made the presentation both informative and engaging.

The session successfully broadened the students' global awareness and encouraged them to learn about different countries and cultures. It was a valuable and enriching experience that brought the fascinating world of Australia to life for the entire audience.



STUDENT VOICES

Theme: "What summer means to you?"



SUPRAJHA G7B

SUMMER SUMMER

Golden beams and heavy heat,
baking sidewalk, burning feet.

Cooling waves and sudden shade,
ice melts into lemonade.

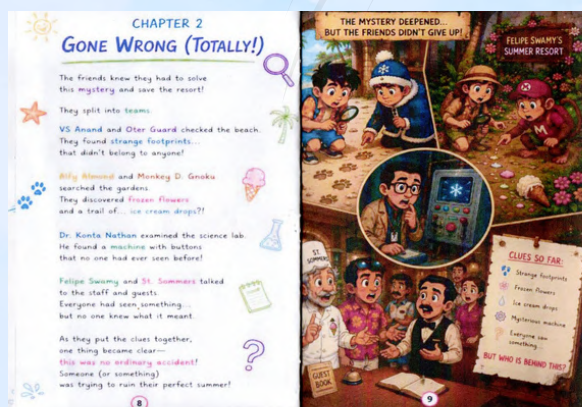
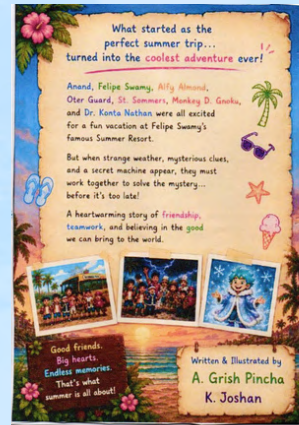
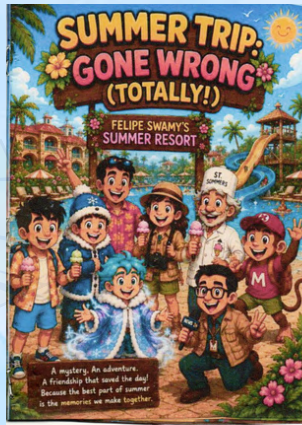
Longest days and shortest nights,
chasing stars and fireflies

PRANHAVE G7B



KAASHINII G6A

COMICS - by A. Grish Pincha & K. Joshan



STUDENT VOICES



Dhiya Priijeshini G6



Aashirya G6A



UPCOMING AUGUST EVENTS

- **Annual Sports Day**
- **Intra - House Chess Competition**
- **Leadership Camp**
- **Tricolor Competition**
- **Independence Day**
- **Country Presentation**
- **State Presentation**
- **Onam / Milad-Un-Nabi**
- **Ignite- The Clash Of The Legends**