# MONTHLY NEWSLETTER SEPTEMBER 2025 EDITION

# **NEWSHIS**







DR. K.C.G Verghese Founder Chairman Hindustan Group of Institutions

Dear Reader,

"September tries its best to have us forget summer." - Bernard Williams

As September graces our campus, it brings a spirit of reflection, responsibility, and renewal. This month has been a journey of learning beyond the classroom — from the International Coastal Clean-up that deepened our commitment to the environment, to youth camps that nurtured leadership and collaboration, and academic orientations that strengthened parent—school partnerships. Each activity has reflected our students' curiosity, resilience, and sense of community.

September reminds us that education is not only about knowledge, but also about action, empathy, and shared experiences that prepare us to be responsible global citizens. Let this edition encourage us to carry forward the spirit of service, creativity, and excellence. Here's to a month of purpose, unity, and meaningful growth — making every day a step toward a brighter tomorrow.

Best Wishes,

Team NEWSHIS!!

**EDITORIAL TEAM** 

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# HINDUSTAN INTERNATIONAL SCHOOL - GUINDY (A Unit of Hindustan Group of Institutions)

#### SEPTEMBER NEWSLETTER

# **ANALYSIS AND ANSWERING**



A workshop on Critical Thinking Using the 5W1H Method was conducted on Sep 1<sup>st</sup> 2025, from 1:30 PM to 2:30 PM at the Guindy Auditorium. Organized by HISG and facilitated by Lt. Gen. Bobby Mathew (Retd.), Executive Director of HISG, the session was attended by learners from Grades 8 to 12 along with the teaching faculty.

Lt. Gen. Mathew introduced the Kipling Method, a structured technique for analysis and answering based on six essential questions: Who, What, When, Where, Why, and How (5W1H). Through interactive discussions and relatable examples such as exam stress, students learned how this approach can uncover root causes and lead to practical solutions. The hands-on activities encouraged learners to reflect on their own challenges, promoting critical thinking and self-awareness.

The session concluded with a powerful message: "Leaders don't just seek answers — they ask the right questions." Students left inspired, having gained a valuable tool to apply not only in academics but in everyday decision-making and problem-solving.





# **NUTRITIONAL WEEK CELEBRATION**

Nutritional Week Celebration was observed from September 2<sup>nd</sup> and 4<sup>th</sup> 2025, at Hindustan International School, organized by HISG for students of Grades 1 to 10. The aim of the event was to promote healthy eating habits and nutrition awareness through a series of engaging and educational activities.

The celebration began with an inspiring morning assembly talk on "Why Nutrition Matters" by Veeksha of Grade 8B under the guidance of Ms. Asha. On September 3, students from Grades 1–5 participated in fun activities such as Eat the Rainbow, Healthy Snack Sharing, Food Chart Making, and Cooking Without Fire, coordinated by Ms. Priya Kalaivanan, Ms. Sanofar, and Ms. Mary Merlin. The following day, Grades 6–10 joined hands for the Cooking Without Fire Challenge, Food Label Reading, and Nutritional Chart Creation, organized by Ms. Deepika, Ms. Shobana, Mr. Saravanan, and Mr. Santhosh.

These activities saw enthusiastic participation and encouraged students to reflect on their food choices. The week successfully enhanced students' awareness of nutrition, fostered healthy habits, and helped develop life skills that contribute to long-term well-being.









# **INTRA SCHOOL DEBATE COMPETITION**

The Intra-School Debate Competition for the Academic Year 2025–2026 was held on 6th September 2025 at Hindustan International School, Guindy, with enthusiastic participation from the Guindy, Karapakkam, and Padur campuses. Students from Grades 8 to 11 showcased their eloquence, critical thinking, and teamwork through an elocution round followed by a dynamic debate.

The event was judged by Mr. Mainar V and Dr. Jeya, who applauded the high standards of preparation and delivery. HIS Guindy emerged as the Overall Champion, winning across all categories. In Grade 8 (Junior Category I), Guindy's team comprising Devansh Guru, Veeksha Karthick, and Ryan Xavier secured the win. In Grade 9 (Junior Category II), Mohitha Ram, Tharika Krish, and Mazin Zulficar led Guindy to another victory. The Grade 10 (Senior Category I) winners from Guindy were Beonica Victor, Hansika Govind, and Shriya Manavalan, while in Grade 11 (Senior Category II), the winning team included Arjun Ravindranath, Sairam Murugan, and Ashwanth S.

The event concluded with a heartfelt vote of thanks by the Executive Director, appreciating the efforts of all participants, staff, and judges in making the event a resounding success.







# **ONAM CELEBRATION**

The Onam Celebration at Hindustan International School, Guindy was held on Saturday, 6th September 2025, from 11:50 AM to 12:45 PM, with enthusiastic participation from Grades 6 to 12 and the teaching faculty. Organized by HISG, the festivities began with students creating vibrant Pookalam (floral designs) in their classrooms, reflecting creativity and teamwork.

A common assembly was held at the Guindy Auditorium, hosted by Ms. Shobana Abraham and Ms. Mary Cynthia. The traditional lighting of the Kuthuvilakku was performed by Lt. Gen. Bobby Mathew (Retd.), Executive Director, along with Mr. Johnson Mathew, Dean of Academics, and Dr. C.K. Lalli, Principal. A captivating cultural program followed, including a dramatized retelling of the legend of King Mahabali and Lord Vamana, and a lively traditional dance performance by Grade 10 students, dressed in Kerala attire.

The event beautifully reflected the spirit of unity, tradition, and gratitude, making it a memorable and joyful celebration for the entire





# **TEACHER'S DAY**

Hindustan International School, Guindy, joyfully celebrated Teachers' Day on 6th September 2025 at the Guindy block. Organized by the Student Council, the event was a heartfelt tribute to the teachers' dedication and guidance. Festivities included a vibrant dance performance by students and fun games like Musical Chairs, Throwing Ball, and Ring Toss, with enthusiastic teacher participation.

The celebration highlighted the strong bond between students and teachers, concluding with students expressing sincere gratitude to their mentors for their unwavering support.





## **ECONOMICS FUNDAMENTALS SESSION**

On 10th September 2025, Hindustan International School, Guindy, hosted an engaging Interactive Session on Economics Fundamentals led by Lt. Gen. Bobby Mathew at the Guindy Auditorium. Attended by Grades 10 to A Level economics students, along with educators and Chairman Dr. Anand Jacob Verghese, the session demystified complex economic concepts like GDP, inflation, fiscal deficit, and the distinction between micro and macroeconomics. Lt. Gen. Mathew also introduced the Kipling Method (5W1H) as a powerful tool for analytical thinking.









Through clear explanations, real-life examples, and insightful discussions on economic sectors and policies, the session significantly enhanced students' understanding and connected classroom theory with practical applications, making it a valuable academic experience.



# **CAMBRIDGE PRIMARY ENGLISH CHECKPOINT ORIENTATION**

The Cambridge Primary English Checkpoint Orientation was held on 13 September 2025 at the Guindy Auditorium for Grade 5 parents. Organized by the Head of School and conducted by Ms. Jenisha Elizabeth Thomas, the session titled "Cambridge Primary English Checkpoint: A Guide to Preparation" provided parents with insights into the exam structure, strategies for reading and writing, language usage, final-week preparation tips, and a sample paper review. The interactive Q&A saw parents suggesting daily English worksheets and a word bank to support home practice.

The session concluded at 12:30 p.m., equipping parents with a clear roadmap to guide their children's preparation.







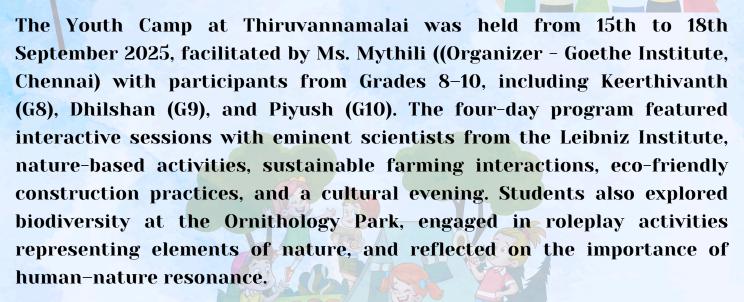








# **YOUTH CAMP**



The camp concluded with students sharing their learnings and observations, leaving them with the collective message to "Conserve Nature."





### INTERNATIONAL COASTAL CLEAN-UP

The International Coastal Clean-up Activity was held on 20th September 2025 at Palavakkam Beach, Chennai, where 29 students from Grades 4–12 and 35 teachers of HISG participated with great enthusiasm. Organized by Communitree in collaboration with HISG, the initiative aimed at protecting marine life and promoting civic responsibility. Despite light showers, participants worked in groups from 7:00 to 9:00 a.m., collecting and segregating waste such as plastics, fishing nets, and other non-biodegradable debris.

The drive fostered teamwork, environmental awareness, and community engagement, leaving students with valuable experiential learning on the importance of sustainability. The event concluded with refreshments and reflections, reinforcing HISG's commitment to the SDGs and ecological conservation.











## HISTAR 6TH ANNIVERSARY AND GRANDPARENTS DAY

HISTAR celebrated the 6th Anniversary of HISTAR, along with Grandparents' Day, on 24th September 2025, at HIS Guindy Auditorium. Fifty grandparents and students enthusiastically participated in the event and we had a joyful celebration of Grandparents' Day at our school. The event started with an introductory note to our beloved Chairperson, Dr Elizabeth Verghese. The event was celebrated with cheers with dance and magic show. The children were awarded with certificates for their achievements in events and competitions held during the Term 1. The Words of Wisdom by Dean of Academics Mr Johnson Mathew and grandparents highlighted the importance of following the values. The magic show made all the children and grandparents thrilled. Fun games and mehendhi designs made everyone happy. A thoughtful takeaway was given to all the children.

The joy on the faces of the participants made it clear that everyone thoroughly enjoyed the day, creating cherished memories that will be treasured for years to come.











# **NAVRATRI CELEBRATION**

On September 30th 2025, our school came alive with tradition and creativity as students took part in the Golu Display—a cherished part of South Indian Navratri celebrations. The vibrant arrangement of dolls and thematic displays served as a wonderful opportunity for students to learn about the significance of Navratri and explore the rich cultural heritage of South India.

By planning and organizing the Golu, students engaged their creativity and imagination, while also developing a deeper appreciation for storytelling, tradition, and collaborative work. The event fostered a sense of unity, as learners from various backgrounds came together to celebrate a shared cultural experience.

The Golu Display was more than just a festive tradition—it was a meaningful, hands-on learning experience that made culture come alive in the classroom!











# **UPCOMING OCTOBER EVENTS**



- Dandiya Carnival
- Karate Competition
- World Food Day
- Diwali Celebration
- Halloween Day
- Country Presentation
- State Presentation