



Dr. K.C.G. Verghese
Founder Chairman

Hindustan Group of Institutions



**HINDUSTAN
INTERNATIONAL
SCHOOL**

(A UNIT OF HINDUSTAN GROUP OF INSTITUTIONS)

Affiliated to CBSE, New Delhi. Affiliation No - 1930674
Karapakkam.



FROM THE EDITOR'S DESK

At Hindustan International School, we are deeply committed to Sustainable Development Goal 3: Good Health and Well-being, recognizing that physical, mental, and emotional health are essential for a balanced and fulfilling life. We believe that schools play a crucial role in cultivating healthy habits, promoting well-being, and empowering students to make informed choices that support lifelong health.

From the early years, our students are guided to understand the importance of personal hygiene, balanced nutrition, physical fitness, and emotional well-being through age-appropriate learning experiences. Classroom discussions, health awareness programs, and interactive activities help students develop a holistic understanding of how lifestyle choices impact overall health. By integrating topics related to wellness, mindfulness, and preventive healthcare into the curriculum, learners gain the knowledge and skills needed to maintain a healthy body and mind.

Our commitment extends beyond theoretical learning to active engagement. Students participate in regular physical education programs, yoga and mindfulness sessions, and awareness initiatives focused on mental health, stress management, and healthy living. Workshops, health camps, and expert sessions further strengthen students' understanding of well-being and encourage responsible lifestyle practices.

Through community outreach programs and collaborative initiatives, students also learn the importance of promoting health and well-being within society. Participation in wellness campaigns, hygiene awareness drives, and community health initiatives fosters empathy, responsibility, and leadership among learners.

At Hindustan International School, we believe that nurturing healthy individuals today creates a stronger and more resilient society tomorrow. By encouraging a culture of wellness, mindfulness, and care for oneself and others, we empower our students to grow into responsible global citizens who value health, well-being, and quality of life for all.

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SCIENCE EXHIBITION

The Science Exhibition held on 12 February was an exciting and inspiring event that provided students with a wonderful platform to explore science and innovation. Young participants enthusiastically presented creative models and experiments that demonstrated scientific concepts in engaging ways.

Students confidently explained their projects, showcasing curiosity, creativity, and problem-solving skills. The exhibition encouraged critical thinking, scientific inquiry, and teamwork, while also helping students build confidence and communication skills as they interacted with teachers, parents, and peers.

The event was a delightful celebration of young scientific minds and successfully nurtured a spirit of curiosity and discovery among students.



READING COMPETITION - REACHING FOR THE STARS

Our young wordsmiths shone brightly at the Reading Competition, captivating the audience with expressive narration and confident storytelling. Through engaging voices and lively presentations, students brought stories to life, taking listeners on magical adventures and meaningful journeys filled with valuable lessons.

The participants impressed the judges with their enthusiasm, clarity, and stage presence. The competition not only celebrated the joy of reading but also helped students develop confidence, expression, and a love for literature. All participants deserve special appreciation for their wonderful effort and sportsmanship.

COMMUNITY HELPERS

The Community Helpers Activity was a joyful and meaningful event for our students, providing them with a wonderful opportunity to learn about the important people who help and support our community every day. The children enthusiastically dressed up as various community helpers such as doctors, nurses, teachers, police officers, firefighters, farmers, and many more.

The young participants confidently stepped forward to introduce themselves and speak a few lines about the role of the community helper they represented. Through their costumes, actions, and short speeches, the children beautifully portrayed how these helpers contribute to making our lives safe, healthy, and comfortable.

It was heartwarming to see the students perform with excitement and pride, demonstrating creativity, confidence, and an understanding of the value of every profession. The activity helped children appreciate the importance of teamwork, responsibility, and service to the community.

This engaging experience also helped develop their communication skills, stage confidence, and awareness of the roles people play in society. The Community Helpers Activity was truly a delightful and enriching experience that encouraged respect, gratitude, and admiration for those who work hard to serve our community every day.



EUPHONY – A GLOBAL MUSICAL FEST –A SPECTACLE OF TALENT, A CELEBRATION OF EXCELLENCE – OUR 9TH ANNUAL DAY SHINES BRIGHT!

The school celebrated its 9th Annual Day with great enthusiasm and grandeur on 6th February 2026. The event showcased the remarkable talents and achievements of our students. The celebration began with a warm welcome and the lighting of the ceremonial lamp, symbolizing knowledge and wisdom. Students presented a variety of vibrant cultural performances, including dances, music, and drama, which captivated the audience. The Annual Report highlighting the school’s academic and co-curricular accomplishments was presented with pride. Awards were distributed to students who excelled in various fields, appreciating their dedication and hard work. Parents and guests applauded the creativity and confidence displayed by the students. The memorable evening concluded with a vote of thanks, leaving everyone inspired and proud of the school community.





GLIMPSES OF ANNUAL DAY



HONOURING A VISIONARY: HISK STUDENTS PAY TRIBUTE TO DR. K.C.G. VERGHESE

Students of Hindustan International School (HISK) presented a captivating skit on the life and vision of Dr. K.C.G. Verghese during the Founder’s Day celebration held on 14 February at KCG College. Through a thoughtful and engaging performance, the students highlighted the remarkable journey of the visionary educationist and his invaluable contributions to the field of education.

The skit beautifully portrayed his dedication to empowering young minds and building institutions that nurture excellence and innovation. The performance was widely appreciated by the audience for its meaningful message and expressive presentation, serving as a fitting tribute to the inspiring legacy of Dr. K.C.G. Verghese and his enduring impact on education.





HISK SHINES AT CHAIRMAN'S TROPHY INTER-SCHOOL BADMINTON TOURNAMENT 2025-26

Students of Hindustan International School, Karapakkam showcased commendable sportsmanship and skill at the Chairman's Trophy 2025-26 Inter-School Badminton Tournament, held at KCG College of Engineering, Karapakkam. Competing against several schools, the HISK team delivered an impressive performance and proudly secured the Overall Runner-up position in the tournament.

In the individual categories, Aashi Farook (Grade VI) achieved 4th place in the Under-19 Girls category, demonstrating remarkable determination and agility on the court.



In the Under-19 Boys category, Vivhan Vinayak Viveknath (Grade XI) also secured 4th place, reflecting strong competitive spirit and dedication. The achievements of our young athletes highlight HISK's commitment to nurturing talent and encouraging excellence in sports.

TOWARDS ACADEMIC MILESTONES: BOARD EXAMINATIONS BEGIN

The Board Examinations for Grades X and XII commenced this month, marking an important milestone in the academic journey of the students. As part of the preparations, the admit cards were distributed to the students with the blessings of the Student Chaplain, wishing them success and confidence as they begin their examinations.

With months of dedicated preparation, students approached the exams with determination and focus. The school ensured a smooth and well-organized process, creating a calm and supportive environment for students as they step forward toward achieving their academic goals.





“WHAT’S THE GOOD WORD?” – BATTLE OF BRAINS: VOCABULARY EDITION

Celebrating the power and beauty of language, Hindustan International School (HIS) successfully hosted its first Inter-School Vocabulary Contest – “What’s the Good Word?": Battle of Brains – Vocabulary Edition on Friday, 13th February, at the school campus. The event brought together enthusiastic young wordsmiths from various campuses, creating an engaging platform for students to showcase their vocabulary skills, quick thinking, and love for language.

The competition featured exciting rounds that challenged participants in word meanings, usage, and linguistic agility. Students displayed remarkable confidence, teamwork, and intellectual curiosity throughout the contest.

After an intense and spirited competition, HIS Padur Campus emerged as the Overall Champions, while HIS Guindy Campus secured the Runner-up position. The event was a grand success, inspiring students to appreciate the richness of language and the power of words in communication.



UPCOMING EVENTS

- BOARD EXAMINATION
- ANNUAL EXAMINATION
- HISTAR ANNUAL DAY/GRADUATION DAY
- SUMMER CAMP