



**Dr. K.C.G Verghese**  
Founder Chairman

Hindustan Group of Institutions



**HINDUSTAN  
INTERNATIONAL  
SCHOOL**

(A UNIT OF HINDUSTAN GROUP OF INSTITUTIONS)  
Affiliated to CBSE, New Delhi, Affiliation No - 1930674  
Karapakkam



## FROM THE EDITOR'S DESK

At Hindustan International School, we proudly align with Sustainable Development Goal 11: Sustainable Cities and Communities, by nurturing environmentally conscious citizens who are equipped to shape a better, greener future. We believe that education must go beyond textbooks—instilling in our students a sense of responsibility, action, and purpose. From a young age, our students are encouraged to become guardians of the planet through hands-on learning experiences. Whether it's designing eco-friendly architectural models, organizing neighborhood clean-up drives, or leading waste segregation and recycling initiatives, our learners are actively turning awareness into action. Their enthusiasm doesn't stop at the school gates. Our students regularly collaborate with local organizations to promote urban green spaces, conduct eco-awareness campaigns, and support community-based sustainability projects—demonstrating that meaningful change starts from the ground up. Through energy-saving challenges, zero-waste projects, and lessons integrated with environmental themes, sustainability becomes more than just a topic; it becomes a way of life. These initiatives not only foster innovation and leadership but also strengthen the connection between learning and real-world impact.

## EDITORIAL TEAM

**Ms Bharathi Lakshmi**  
(Principal)

**Ms.Kayalvizhi . K**  
(TGT English)

**Ms Lavanya .N**  
(TGT English)

**Ms.Merlin Manjusha**  
(PGT English)

**Miss V. Varsha shree**  
(Grade 12)

## HISTAR EVENTS

At the heart of quality education is the continuous growth and development of educators. In line with our dedication to fostering a culture of learning and excellence, our teaching staff recently engaged in a comprehensive professional development program led by our experienced curriculum leaders, Ms. Shereen and Ms. Sangeetha. The sessions focused on enhancing classroom readiness, introducing new instructional approaches, and deepening understanding of two key curricula—HISTAR and the Cambridge Early Years framework.

### HISTAR Curriculum Training

Ms. Shereen conducted an intensive training session centered around the HISTAR curriculum, which is designed to foster structured yet dynamic learning environments for young children. The training covered:

- **Classroom Management Strategies:** Educators were guided through a variety of proactive and positive behavior management techniques aimed at maintaining an engaging and respectful classroom atmosphere.
- **Interactive and Engaging Activities:** The session included demonstrations and collaborative planning of age-appropriate activities that promote inquiry, creativity, and holistic development in children.
- **Essential Documentation:** Teachers were trained on maintaining accurate and meaningful records, including observation notes, learning progress charts, and developmental assessments, ensuring every child's learning journey is well-documented and effectively supported.

This session empowered our educators with both theoretical insights and practical tools to implement the HISTAR curriculum confidently and competently in their classrooms.

### Cambridge Early Years Curriculum Training

In a joint session, Ms. Shereen and Ms. Sangeetha introduced the key principles and pedagogical approaches of the Cambridge Early Years Curriculum, an internationally recognized framework for early childhood education. This curriculum emphasizes child-led learning, play-based approaches, and the development of core foundational skills.

Highlights of this session included:

- **Curriculum Framework Overview:** Educators explored the structure of the Cambridge Early Years Programme, including learning objectives, developmental milestones, and assessment strategies.
- **Pedagogical Techniques:** The trainers emphasized the importance of inquiry-based learning, open-ended questioning, and differentiated instruction to meet the diverse needs of young learners.
- **Application in Classroom Practice:** Through group discussions and case studies, teachers reflected on how to integrate Cambridge principles into their daily routines, ensuring children are supported in all areas of development—cognitive, emotional, social, and physical.





This collaborative training not only enriched educators' understanding of the curriculum but also encouraged the exchange of ideas and experiences among staff, strengthening our professional learning community.

### A Commitment to Excellence in Education

These professional development initiatives reflect our unwavering commitment to delivering high-quality early childhood education. By investing in our educators' professional growth, we ensure that our classrooms remain vibrant, responsive, and aligned with global best practices. We are proud of the dedication shown by our staff and the expertise shared by Ms. Shereen and Ms. Sangeetha, which will undoubtedly translate into richer learning experiences for our students.

## HISK ACHIEVEMENTS

We are immensely proud to celebrate an extraordinary achievement by two talented students from our school—T.A. Thaaragai Aarathana (age 11) and S.D. Aswin Bala (age 14)—who recently made history with a groundbreaking underwater dance performance that captivated audiences and earned prestigious recognition.

In an awe-inspiring feat of skill, endurance, and creativity, Thaaragai and Aswin performed an 8-minute underwater dance at a depth of 20 feet, blending elements of Bharatanatyam—one of India's oldest classical dance forms—with traditional folk styles. What made their performance even more remarkable was that it was executed without the use of any diving or breathing equipment, showcasing their intense preparation, discipline, and passion for the art form. Their art became a medium to raise awareness—fusing cultural heritage with environmental responsibility. The entire performance was beautifully captured on video by Thaaragai Aarathana's father, who ensured that this memorable moment was preserved and shared widely. The video was officially released on April 29, 2025, aligning with the global celebration of dance and adding to the significance of the day. Thaaragai Aarathana and S.D. Aswin Bala's achievement is more than just a record—it is a powerful example of how young minds can blend tradition, innovation, and purpose. Their journey reminds us that art, when fused with passion and vision, can transcend boundaries and make a meaningful impact on the world.



## FACULTY DEVELOPMENT PROGRAM 2025

The Faculty Development Program (FDP) conducted from 27th to 31st May 2025 was an enriching and transformative initiative aimed at equipping educators with the knowledge, skills, and mindset necessary for contemporary teaching. This week-long professional development event brought together an esteemed panel of educators, thought leaders, and professionals from across disciplines.

The inaugural session was led by our Principal, Ms. Bharathi Lakshmi, who emphasized the importance of work etiquette, ethics, and adherence to institutional rules and regulations, setting the tone for a week of learning and collaboration.

One of the core themes of this year's FDP was the integration of Artificial Intelligence (AI) in education. Mr. Joel Joy, Manager at RR Donnelley, delivered an insightful session on AI learning, implementation, and the ethical practices educators must uphold in this evolving digital landscape.

Understanding the CBSE curriculum framework and its expectations was addressed by Ms. Reni (PGT Chemistry) and Ms. Ani (PGT Biology & Senior Coordinator), who also provided comprehensive guidance on academic record-keeping, annual planning, and syllabus distribution.

The power of technology in education was showcased by Mr. Navaneeth and the ERP coordinators, who introduced the faculty to the functionalities of "My School One" and other digital learning tools, offering hands-on training in ERP management.

Classroom transformation was another highlight, with Ms. Shereen Solomon, Ms. Sangeetha Prabhu, and the HISTAR Coordinator demonstrating innovative design ideas and modern approaches to classroom setup. This was followed by Mr. Hariharan, Art Educator, who inspired staff with strategies for executing Art Integrated Projects effectively.

To foster higher-order thinking skills among students, Ms. Annu Verghese (TGT Science) and Ms. Kayalvizhi (PGT English) introduced Flipped Classroom Techniques, encouraging more interactive and student-driven learning. Inclusivity and understanding classroom diversity were central to the session by Mr.

Johnson Mathew, Dean Academics, who explored differentiated learning and the importance of recognizing varied student needs.





The session on Alternate Methodologies by Squadron Leader Unni Nair was both engaging and enlightening, focusing on Multiple Intelligences and the importance of nurturing the educator within. His talk on Personal Excellence left a lasting impression on the faculty.

Closing the week on a reflective and empowering note were sessions by Ms. Viji Hari, CEO of Cecureus, who spoke on Work-Life Balance and Stress Management, and Mr. Ashwin Prabhu, IIM Mumbai alumnus and educator, who inspired faculty to see education through a broader lens, promoting Reflective Learning and Environmental Learning.

This Faculty Development Program was not just a training, but a celebration of learning, innovation, and educator empowerment. The sessions reignited passion for teaching and set the stage for a fulfilling academic year ahead.



## CBSE X & XII BOARD EXAM RESULTS ( ACADEMIC YEAR 2024-25)

### SENIOR SCHOOL ACHIEVERS



MISS VARSHITHA RAMESH

(Science stream)  
**454/500**  
90.8%



MISS SANJANA S

(Science stream)  
**449/500**  
89.8%



MST ETHAN NAVEEN

(Commerce stream)  
**446/500**  
89.2%

### SECONDARY SCHOOL ACHIEVERS



MST ADARSH V. NAIR

**561/600**  
93.5%



MISS SRINADHI U.S

**547/600**  
91.1%



MST ARUNESHWAR

**543/600**  
90.5%

The HIS Karapakkam campus proudly honors the outstanding achievements of its students in the CBSE Grade X and XII board examinations. Leading the charge is Varshitha Ramesh from the Science stream, who has set a new benchmark with a remarkable score of 454 marks. Her relentless dedication, focus, and perseverance have not only earned her individual success but also inspired her peers and juniors alike.

We extend our heartfelt congratulations to all our students for their exceptional academic performances. Their success reflects the school's unwavering commitment to nurturing a culture of excellence. We look forward to seeing them soar even higher in all their future endeavors.



## UPCOMING EVENTS

### NEWSHIS- June

- . School Reopening – Grades I – XII
- . Kg Reopening
- . Founder's Day
- . Investiture Ceremony
- . Yoga day