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Founder Chairman
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FROM THE EDITOR'S DESK

At Hindustan International School, we are committed to Sustainable Development Goal 10: Reduced Inequalities, recognising that equality, inclusivity, and equal opportunities are essential for building a just, compassionate, and sustainable society. We strive to create a learning environment where every Student is valued, respected, and empowered, irrespective of their background, abilities, or individual differences.

Through inclusive education, collaborative learning, awareness programmes, cultural celebrations, and community engagement, Students develop empathy, respect, and an appreciation for diversity. Classroom discussions, group activities, peer learning, and experiential opportunities encourage Students to recognise inequalities, challenge stereotypes, and understand the importance of fairness, dignity, and equal participation.

The School promotes a culture of acceptance and belonging, encouraging Students to celebrate differences and support one another. By fostering kindness, compassion, social responsibility, and respect for diverse perspectives, we empower learners to become advocates of inclusion and positive social change.

By integrating the principles of SDG 10 into everyday learning, we are nurturing empathetic, inclusive, and socially responsible global citizens who are equipped to challenge discrimination, promote equal opportunities, and contribute towards a more equitable and harmonious world.

EDITORIAL TEAM

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(Principal)

Ms Merlin Manjusha
(PRT English)

Ms Kayalvizhi K
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(TGT English)

NATIONAL NUTRITION WEEK



Our young learners joyfully celebrated National Nutrition Week from 1st to 7th September, with a week of fun and engaging activities. They explored the world of fruits, vegetables and wholesome foods, and learned why a balanced diet matters for growing strong and staying healthy. The children showed great curiosity and enthusiasm as they discovered how to make smart and nutritious food choices. It was a colourful, tasty and meaningful week of learning that planted the seeds of healthy habits for life.

GRANDPARENTS' DAY

Our kindergarten children welcomed their beloved grandparents with warm hugs, bright smiles and hearts full of love. Through sweet songs, lively dances and affectionate gestures, the little ones showed how much their grandparents mean to them. Their performances brought joy and pride to every face in the audience. It was a touching celebration of family bonds, filled with laughter, love and memories that will be treasured for years to come.



JANMASHTAMI CELEBRATION

Janmashtami was celebrated with devotion, joy and festive spirit. Dressed as adorable little Radhas and Krishnas, they charmed everyone with their innocence and enthusiasm. The festivities included melodious bhajans, graceful dances and the exciting matki-breaking, which filled the campus with the colours and cheer of Vrindavan. It was a joyous and memorable celebration that let the children experience the beauty of our cultural traditions.

I kept each piece close to your sample's length and tone. If you meant three different versions of each item, or want them shorter for a limited newsletter space, let me know.



TEACHERS' DAY CELEBRATION – HONOURING OUR GUIDING LIGHTS

Teachers' Day was celebrated at Hindustan International School with warmth, gratitude, and appreciation for the invaluable role of educators. Students contributed wholeheartedly to the celebration by organising and presenting a variety of programmes that reflected their affection and respect for their teachers. The celebrations included engaging performances and thoughtful activities that created a memorable experience for the School community. As a special gesture of appreciation, Students also presented personalised gifts to all teachers, making the occasion even more meaningful. The celebration highlighted the dedication of educators in nurturing knowledge, values, confidence, and character. It reaffirmed the School's appreciation for teachers and their lasting contribution to Students' academic and holistic development.



CHAIRMAN'S HIS EXCELLENCE AWARDS 2026



The Chairman's HIS Excellence Awards 2026, instituted under the leadership of Dr Anand Jacob Verghese, Chairman, Hindustan Group of Institutions, recognised outstanding contributions by teaching and non-teaching staff. Academic Excellence was awarded to Ms Josephine Mirunalini, Ms Suganya V, and Ms Girija Raveendran. Service Milestone recognised Ms Ani Ann Mathew, Ms Reni C, Ms Sangeetha Prabhu, and Mr Elangovan D. Dedicated Educator honours went to Ms Annu Varghese, Ms Heena Naaz, and Ms Sheeren Solomon. Mr Chrys Peter received Co-Curricular Excellence, while Mr Murugesan, Mr Joshua PA, and Ms Sumidha were recognised for Exemplary Attendance. Mr Karthik P. received the Most Diligent Non-Teaching Staff award. The awards celebrated professionalism, commitment, and excellence.

GRADES VII AND VIII | DISCOVERING THE HEART OF INDIA



Students of Grades VII and VIII presented Madhya Pradesh as part of the School's State Presentation initiative, offering an engaging exploration of the state's geographical, cultural, and historical identity. The presentation introduced learners to its traditions, heritage, landmarks, and distinctive features. Through research, preparation, and presentation, Students strengthened their communication, collaboration, creativity, and research skills while developing a deeper understanding of India's regional diversity.

The activity encouraged learners to move beyond textbook learning and appreciate the richness of the country's cultural landscape. By presenting their findings confidently, Students gained valuable experiential learning and developed greater appreciation for Madhya Pradesh and its contribution to India's diverse cultural heritage.



VISIT TO OFFICERS TRAINING ACADEMY

Students had the opportunity to visit the Officers Training Academy (OTA) and witness the Passing Out Parade, gaining valuable exposure to the discipline, dedication, and commitment associated with military service. The experience offered learners an insight into the journey of officer trainees and the responsibilities associated with serving the nation. Observing the parade helped Students appreciate the importance of perseverance, teamwork, leadership, discipline, and duty. The visit extended learning beyond the classroom and encouraged Students to reflect on the values required to achieve personal and professional goals. It was an inspiring experience that fostered respect for those who serve the country and reinforced the School's emphasis on experiential learning and character development.

THE POWER OF NUTRITION FOR MENTAL WELL-BEING



Students of Grades XI and XII conducted an awareness session titled **The Power of Nutrition for Mental Well-being**, highlighting the connection between healthy eating habits and overall emotional well-being. The session encouraged learners to understand the importance of informed food choices and balanced lifestyle practices. Through the initiative, Students explored how nutrition contributes to overall health and supports a positive approach to well-being. By researching and presenting the topic, Psychology Students strengthened their communication, collaboration, and presentation skills while sharing meaningful information with their peers. The programme encouraged the School community to reflect on everyday habits and their influence on well-being, reinforcing the importance of self-care and holistic health.

ALLEGRO 2026



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GRADES X AND XI | EXPLORING GLOBAL CULTURES

Students of Grades X and XI presented Germany as part of the School's Foreign Country Presentation initiative, exploring its culture, heritage, traditions, and distinctive identity. The activity encouraged learners to research different aspects of the country and broaden their understanding of the world beyond their immediate surroundings. Through preparation and presentation, Students strengthened their research, communication, organisation, and collaborative skills.



The initiative also promoted cultural awareness by encouraging learners to appreciate the traditions and perspectives of another nation. Presenting their findings enabled Students to communicate ideas confidently and engage in meaningful learning. The presentation reflected the School's commitment to experiential education and international awareness, encouraging learners to approach global cultures with curiosity, understanding, and respect.

CELEBRATING TALENT, TEAMWORK AND EXPRESSION



Students demonstrated excellence both on the field and on the stage through their participation in a football competition at the Padur Campus and Orators' Odyssey at the Guindy Campus. Students of Grades VII to IX displayed teamwork, discipline, determination, and sporting spirit, emerging as winners in the football competition. Meanwhile, Orators' Odyssey brought together Students from Grades IV to XII, providing a platform to develop critical thinking, research, reasoning, public speaking, and respectful communication. Together, these initiatives highlighted the School's commitment to nurturing confident, disciplined, articulate, and well-rounded learners through diverse opportunities beyond academics.



LEARNING BEYOND THE CLASSROOM



Educational field trips were organised for Students of Grades I to V, providing opportunities to connect classroom learning with real-world experiences. Students of Grades I to III visited the Children's Museum, Egmore, while Grades IV and V visited the Railway Museum, Perambur. The visits enabled learners to explore educational spaces beyond the School environment and engage with learning through observation and direct experience. Field trips encourage curiosity, questioning, social interaction, independence, and responsible behaviour. Students were able to connect their observations with concepts introduced in the classroom, making learning more meaningful and memorable. These experiences reflected the School's commitment to experiential education and holistic development, enriching academic learning through exploration, discovery, and practical engagement.

REVIEWING PROGRESS AND PLANNING THE WAY FORWARD



The School Management Meeting brought together members of management and School leadership to review academic progress, administrative matters, and institutional development. The meeting provided a structured platform to reflect on the School's functioning, discuss areas of progress, and identify priorities for the way forward. Academic and administrative matters were considered to ensure that institutional planning remained aligned with educational objectives. Discussions also focused on areas requiring attention and strengthening systems that support effective School functioning.

Such meetings promote coordination, accountability, and informed decision-making among stakeholders. The meeting reaffirmed the importance of collaborative leadership and continuous improvement while supporting the School's commitment to maintaining high standards in teaching, learning, administration, and the holistic development of every Student.

BEST TEACHER AWARDS – GLENEAGLES GLOBAL HOSPITALS



Teachers were recognised with Best Teacher Awards (Peripheral Cluster) by Gleneagles Global Hospitals for their dedication and contribution to education. The recipients were Ms Sujitha, Ms Karthiga, Mr Thirukumaran, Ms Shanmugaranjani, and Mr Manoj. The recognition celebrates the important role educators play in guiding learners, nurturing curiosity, and creating supportive learning environments. Teaching requires commitment, patience, adaptability, and sustained focus on Student development. The recognition acknowledges the professional efforts and contribution of these educators to the School community. Their achievement also encourages continued professional growth and dedication among educators.

CBSE PROFESSIONAL DEVELOPMENT WORKSHOPS

Teachers participated in CBSE Professional Development Workshops, reinforcing the School's commitment to continuous professional learning and growth. The workshops provided educators with opportunities to strengthen their understanding of contemporary teaching practices and reflect on approaches that support effective classroom learning. Professional development enables teachers to remain informed, respond to evolving educational expectations, and address the diverse needs of learners. The sessions encouraged educators to exchange ideas, enhance pedagogical skills, and explore strategies for making learning more engaging and meaningful.

Participation also supported reflective practice and the continuous refinement of classroom approaches. By investing in teacher development, the School seeks to strengthen teaching practices and enrich learning experiences for Students while fostering collaboration and lifelong learning.



A CELEBRATION OF TEAMWORK AND ACHIEVEMENT

Students of Grades VII to IX participated in a football competition at Vaels International School, demonstrating teamwork, discipline, determination, and sporting spirit. The HIS teams displayed strong coordination and commitment throughout the competition and emerged as winners, bringing recognition to the School. Adding to this achievement, Students also participated in a Band Competition conducted by The Billabong High School, where the team secured Third Place for Team Coordination.



Both competitions provided valuable opportunities for Students to develop coordination, confidence, discipline, perseverance, and collaborative skills. These achievements reflected the Students' dedication and the School's commitment to nurturing diverse talents beyond academics.

DEVELOPING THE POWER TO QUESTION, ANALYSE AND DECIDE



A session on Critical Thinking was conducted by the Executive Director for Students and teachers, emphasising its importance in academic learning, teaching, and everyday life. The session focused on analysing information, questioning assumptions, evaluating perspectives, distinguishing facts from opinions, and making logical, evidence-based decisions. Participants were encouraged to examine problems from different viewpoints and approach situations with an open, analytical mind.

The session highlighted the value of independent thinking and thoughtful reasoning in addressing challenges. It reinforced the importance of integrating critical thinking into classroom practices and everyday decision-making, empowering both Students and teachers to become more reflective, informed, and responsible thinkers.

UPCOMING EVENTS

- POOJA HOLIDAYS
- SOF INTERNATIONAL OLYMPIAD
- PTM
- HIS KARATE TOURNAMENT-BLACK BELT
- HALLOWEEN DAY CELEBRATION